

# OCTOBER 2021

## SPECTRUM ACADEMY

ALL STUDENTS EAT FOR  
FREE! PRE-ORDER IN HOT  
LUNCH!

### BREAKFAST & LUNCH

Monday

Tuesday

Wednesday

Thursday

Friday

MUFFIN

4

HOT DOG

CINNAMON TOAST

5

GRILLED CHEESE

BAGEL

6

HAMBURGER

Waffles

7

POPCORN CHICKEN

MINI DONUTS

8

PIZZA

FRUIT BREAD

11

CORN DOG

EGGS & CROISSANT

12

CHICKEN SANDWICH

CINNAMON ROLL

13

PIZZA

NO SCHOOL

14

NO SCHOOL

15

NO SCHOOL

18

BREAKFAST VARIETY

CHICKEN SOFT TACO

DANISH

20

HAMBURGER

FRENCH TOAST

21

DIPPIN STICKS

POP-TART

22

PIZZA

MUFFIN

25

CALZONE

BACON & CROISSANT

26

NACHOS

BREAKFAST TORNADO

27

GRILLED CHEESE

PANCAKES

28

CHICKEN BACON  
SANDWICH

MINI DONUTS

29

PIZZA

All menu items are subject to change according to availability.

If your student has an allergy to any foods, please contact Chrissy Lewis at [chrissy.lewis@spectrumcharter.org](mailto:chrissy.lewis@spectrumcharter.org)

This institution is an equal opportunity provider.

