

SEPTEMBER 2021

Spectrum Academy

Monday
Tuesday
Wednesday
Thursday
Friday
Offered Everyday are:
PB&J Sandwich, Meat & Cheese Sandwich And Salad Bar Meal!
Spectrum Students Eat for FREE!!!!

 Spaghetti
Breadsticks
Salad Bar
Fruit
Milk

1

 Chicken Bacon Ranch
Wrap
Salad Bar
Fruit
Milk

2

 Pizza
Salad Bar
Fruit
Milk

3

 Cheese Quesadilla
Refried Beans
Salad Bar
Fruit
Milk

7

 Cheeseburgers
Fries
Salad Bar
Fruit
Milk

8

 Chicken Alfredo
Breadsticks
Salad Bar
Fruit
Milk

9

 Pizza
Salad Bar
Fruit
Milk

10

 Sub Sandwich
Chips
Salad Bar
Fruit
Milk

13

 Walking Tacos
Spanish Rice
Salad Bar
Fruit
Milk

14

 Sloppy Joe
Fries
Salad Bar
Fruit
Milk

15

 Teriyaki Beef Bowl
Salad Bar
Fruit
Milk

16

 Pizza
Salad Bar
Fruit
Milk

17

 Grilled Cheese
Chips
Salad Bar
Fruit
Milk

20

 Chicken Enchilada Dip
Chips
Salad Bar
Fruit
Milk

21

 BBQ Rib Sandwich
Onion Rings
Salad Bar
Fruit
Milk

22

 Fried Chicken Patty
Mashed Potatoes w/Gravy
Salad Bar
Fruit
Milk

23
24
No School

 Calzone
Salad Bar
Fruit
Milk

27

 Beef Fajita
Black Beans
Salad Bar
Fruit
Milk

28

 Mini Corn Dogs
Fries
Salad Bar
Fruit
Milk

29

 Chicken Sandwich
Chips
Salad Bar
Fruit
Milk

30

If your student has an allergy to any foods, please contact Chrissy Lewis at chrissy.lewis@spectrumcharter.org

This institution is an equal opportunity provider.

Menu Items may be substituted if purchase availability changes.

