

Spectrum Academy 22-23 Bell Schedule
North Salt Lake ★ SHORT DAY SCHEDULES

STARS ★ Elementary School ★ Intermediate School ★ High School

STARS		
8:25-8:40	Welcome / Unpack/ Breakfast served Individualized Morning Instruction begins	
8:40-8:50	Calendar / Pledge of Allegiance Level Review / PRIDE Rules	
8:50-9:20	Math Goals (ABA Instruction)	
9:20-9:40	1st Recess / Self-care	Word of the Week / Literacy ABA Instruction
9:40-10:00	2nd Recess / Self-care	Word of the Week/ Literacy Goals ABA Instruction
10:00-11:00	A Day: Language Arts Instruction B Day: Math Instruction	
11:00-11:20	1st Lunch	Social Skills (Circles)
11:20-11:40	2nd Lunch	Social Skills (Circles)
11:40-12:45	A Day: Language Arts Instruction B Day: Math Instruction	
12:45-1:00	Life Skills Instruction DLM Instruction	
1:00-1:07	Pack Up and Dismissal	

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Elementary School

Kindergarten		1st Grade	
8:30-8:40	Welcome / Breakfast	8:30-8:40	Welcome / Breakfast
8:40-9:40	Reading	8:40-9:10	Math - RTI / SDI
9:40-9:55	Recess	9:10-9:55	Math
9:55-10:25	Reading - RTI / SDI	9:55-10:10	Recess
10:2-10:55	Writing	10:10- 10:25	Math
10:55- 11:25	Lunch / Recess	10:25- 11:15	Reading / Writing
11:25-12:25	Math	11:15-11:45	Lunch / Recess
12:25-12:35	Recess	11:45- 12:25	Reading
12:35-1:05	Math - RTI / SDI	12:25-1:05	Reading - RTI / SDI
1:05	Dismissal	1:05	Dismissal

2nd Grade		3rd Grade	
8:30-8:40	Welcome / Breakfast	8:30-8:40	Welcome / Breakfast
8:40-9:40	Reading	8:40-9:40	Math
9:40-10:10	Reading - RTI / SDI	9:40-10:10	Math - RTI / SDI
10:10-10:25	Recess	10:10- 10:40	Writing
10:25-10:55	Writing	10:40- 10:55	Recess
10:55-11:35	Math - RTI / SDI	10:55- 11:55	Reading
11:35-12:05	Lunch / Recess	11:55- 12:25	Lunch / Recess
12:05-1:05	Math	12:25-1:05	Reading - RTI / SDI
1:05	Dismissal	1:05	Dismissal

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Intermediate School

4th Grade		5th Grade		6th Grade	
8:00-8:15	Doors Open / Breakfast	8:00-8:15	Doors Open / Breakfast	8:00-8:15	Doors Open / Breakfast
8:15-8:20	Homeroom	8:15-8:20	Homeroom	8:15-8:20	Homeroom
8:20-9:20	English Language Arts Tier 1	8:20-9:20	English Language Arts Tier 1	8:20-9:20	English Language Arts Tier 1
9:23-9:38	Recess	9:22-9:52	English Language Arts Tier 2	9:23-9:53	English Language Arts Tier 2
9:41-10:11	English Language Arts Tier 2	9:55-10:10	Recess	9:53-10:23	English Language Arts Tier 3
10:11-10:41	English Language Arts Tier 3	10:13-10:43	English Language Arts Tier 3	10:25-10:35	Recess
10:45-11:15	Math Tier 2/3	10:45-11:20	Math Tier 2/3	10:45-11:20	Math Tier 2/3
11:20-11:40	Lunch	11:25-11:45	Lunch	11:25-11:45	Lunch
11:40-11:50	Recess	11:45-11:55	Recess	11:45-11:55	Recess
11:55-12:55	Math Tier 1	11:55-12:55	Math Tier 1	11:55-12:55	Math Tier 1
12:55-1:00	Clean up/Planners	12:55-1:00	Clean up/Planners	12:55-1:00	Clean up/Planners
1:00	Dismissal	1:00	Dismissal	1:00	Dismissal

7th-8th Grade	
8:00-8:15	Doors Open/Breakfast
8:15 - 9:00	1st / 6th Period
9:05 - 9:50	2nd / 7th Period
9:55 - 10:40	3rd / 8th Period
10:45 - 11:30	4th / 9th Period
11:30 - 12:10	Recess / Lunch
12:15 - 1:00	5th / 10th Period
1:00	Dismissal

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High School	
8:00 - 8:15	Breakfast
8:20 - 9:10	1st Period
9:15 - 10:05	2nd Period
10:10 - 10:25	Advisory
10:30 - 11:05	Lunch
11:10 - 12:00	3rd Period
12:05 - 12:55	4th Period
12:55 - 1:05	Dismissal/Carpool